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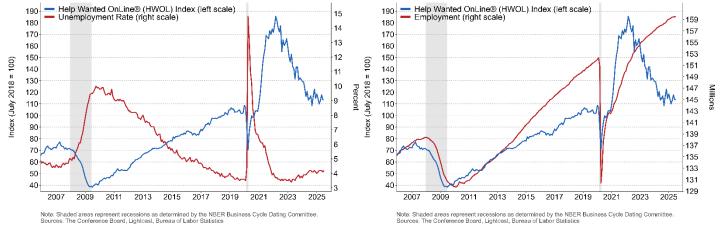
Jonathan Liu: JLiu@tcb.org

Online Labor Demand Decreased in July

NEW YORK, August 15, 2025...*The Conference Board–Lightcast Help Wanted OnLine® (HWOL)* Index fell in July 2025 to 113.5 (July 2018=100), down from a downwardly revised 113.6 in June. The 0.1% decline between July and June followed a 3.6% decline between June and May. Overall, the Index is down 1.0% from one year ago.

The HWOL Index measures the change in advertised online job vacancies over time, reflecting monthly trends in employment opportunities across the US. The *Help Wanted OnLine*® Index is produced in collaboration with Lightcast, the global leader in real-time labor market data and analysis. This collaboration enhances the *Help Wanted OnLine*® program by providing additional insights into important labor market trends.

Help Wanted OnLine® (HWOL) Index: United States, seasonally adjusted, July 2025



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The release schedule, national historic table and technical note are available on The Conference Board website, http://www.conference-board.org/data/helpwantedonline.cfm. The underlying data for The Conference Board HWOL is collected by Lightcast.

Table 1. HWOL Data Series: Total ads by Census Division, seasonally adjusted, July 2025

Area ¹	Total Ads ² (Thousands)
United States	6,695.6
New England	387.3
Middle Atlantic	785.4
East North Central	977.2
West North Central	516.7

Area ¹	Total Ads ² (Thousands)
South Atlantic	1,388.6
East South Central	373.6
West South Central	763.3
Mountain	561.9
Pacific	954.2

Source: The Conference Board, Lightcast

- 1. Census Divisions defined by the U.S. Census Bureau
- 2. Ad levels are seasonally adjusted and may not add up to the total US count
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Table 2. HWOL Data Series: Total ads by State, seasonally adjusted, July 2025

State	Total Ads ¹ (Thousands)
Alabama	92.8
Alaska	20.9
Arizona	144.8
Arkansas	55.5
California	643.5
Colorado	151.4
Connecticut	78.6
Delaware	24.1
Florida	415.5
Georgia	206.2
Hawaii	34.0
Idaho	41.5
Illinois	260.6
Indiana	141.1
Iowa	77.4
Kansas	73.4
Kentucky	87.7
Louisiana	77.6
Maine	35.2
Maryland	116.7
Massachusetts	177.8
Michigan	175.5
Minnesota	137.1
Mississippi	50.4
Missouri	132.9

State	Total Ads ¹
	(Thousands)
Montana	28.9
Nebraska	45.5
Nevada	58.0
New Hampshire	45.5
New Jersey	167.6
New Mexico	51.8
New York	345.6
North Carolina	230.5
North Dakota	25.8
Ohio	257.3
Oklahoma	73.9
Oregon	94.3
Pennsylvania	272.6
Rhode Island	28.1
South Carolina	108.0
South Dakota	24.0
Tennessee	143.8
Texas	556.8
Utah	70.3
Vermont	22.2
Virginia	217.0
Washington	160.6
West Virginia	34.4
Wisconsin	143.5
Wyoming	16.1

Source: The Conference Board, Lightcast

- 1. Ad levels are seasonally adjusted and may not add up to the total US count
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Table 3. HWOL Data Series: Total ads by selected MSAs, seasonally adjusted, July 2025

MSA^1	Total Ads ² (Thousands)	
	, ,	
Birmingham, AL	24.7	
Phoenix, AZ	103.2	
Tucson, AZ	18.7	
Los Angeles, CA	203.3	
Riverside, CA	55.0	
Sacramento, CA	43.8	
San Diego, CA	58.6	
San Francisco, CA	99.6	
San Jose, CA	51.6	
Denver, CO	84.1	
Hartford, CT	32.3	
Washington, DC	152.8	
Jacksonville, FL	31.8	
Miami, FL	116.7	
Orlando, FL	52.6	
Tampa, FL	67.2	
Atlanta, GA	120.9	
Honolulu, HI	21.9	
Chicago, IL	182.8	
Indianapolis, IN	50.1	
Louisville, KY	31.0	
New Orleans, LA	20.8	
Baltimore, MD	61.3	
Boston, MA	135.5	
Detroit, MI	73.0	
Minneapolis, MN	92.7	

MSA ¹	Total Ads ² (Thousands)
Kansas City, MO	58.3
St. Louis, MO	60.3
Las Vegas, NV	34.1
Buffalo, NY	22.1
New York, NY	313.3
Rochester, NY	26.1
Charlotte, NC	61.1
Cincinnati, OH	49.5
Cleveland, OH	49.4
Columbus, OH	58.3
Oklahoma City, OK	32.1
Portland, OR	56.5
Philadelphia, PA	124.7
Pittsburgh, PA	58.8
Providence, RI	36.8
Memphis, TN	24.7
Nashville, TN	56.4
Austin, TX	63.6
Dallas, TX	175.0
Houston, TX	108.7
San Antonio, TX	40.9
Salt Lake City, UT	37.2
Richmond, VA	40.2
Virginia Beach, VA	47.2
Seattle-Tacoma, WA	98.3
Milwaukee, WI	43.9

Source: The Conference Board, Lightcast

- 1. Metropolitan areas are based on 2013 OMB county-based Metropolitan Statistical Area (MSA) definitions
- 2. Ad levels are seasonally adjusted and may not add up to the total US count
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PROGRAM NOTES

The June 2025 data release reflects an update to our job board coverage as a few job boards made changes to their access policy. To minimize any impact, and improve and supplement our job board coverage, we have broadened and updated our job board coverage.

Prior to 2020, The Conference Board constructed the HWOL Index based solely on online job ads over time. Using a methodology designed to reduce non-economic volatility contributed by online job sources, the HWOL Index served an effective measure of changes in labor demand over time.

Beginning January 2020, the HWOL Index was refined as an estimate of change in job openings (based on BLS JOLTS), using a series of econometric models which incorporate job ads with other macroeconomic indicators such as employment and aggregate hours worked. By adopting a modeled approach which combines other data sources with data on online job ads, the HWOL Index more accurately tracks important movements in the labor market.

HWOL Annual Revision. With the April 2025 press release, the HWOL program has incorporated its annual revision, which helps ensure the accuracy and consistency of the HWOL Data Series. This year's annual revision includes updates to the Occupational coding and the Geographical coding for the HWOL Data Series from January 2015-forward. The HWOL Index has also been updated from January 2020-forward.

The Conference Board-Lightcast Help Wanted OnLine® (HWOL) Index measures changes over time in advertised online job vacancies, reflecting monthly trends in employment opportunities across the US. The HWOL Data Series aggregates the total number of ads available by month from the HWOL universe of online job ads. Ads in the HWOL universe are collected in real-time from over 50,000 online job domains including traditional job boards, corporate boards, social media sites, and smaller job sites that serve niche markets and smaller geographic areas.

Like The Conference Board's long-running Help Wanted Advertising Index of print ads (which was published for over 55 years and discontinued in July 2008), *Help Wanted OnLine®* measures help wanted advertising—i.e. labor demand. The HWOL Data Series began in May 2005 and was revised in December 2018. With the December 2018 revision, The Conference Board released the HWOL Index, improving upon the HWOL Data Series' ability to assess local labor market trends by reducing volatility and non-economic noise and improving correlation with local labor market conditions.

In 2019, Lightcast (formerly Emsi Burning Glass) joined the *Help Wanted OnLine®* program as the new sole provider of online job ad data for HWOL. With this partnership, the HWOL Data Series has been revised historically to reflect a new universe and methodology of online job advertisements and therefore cannot be used in conjunction with the pre-revised HWOL Data Series. The HWOL Data Series begins in January 2015 and the HWOL Index begins in December 2005. HWOL Index values prior to 2020 are based on job ads collected by CEB, Inc.

Those using this data are urged to review the information on the database and methodology available on The Conference Board website and contact us with questions and comments. Background information and technical note and discussion of revisions to the series are available at: http://www.conference-board.org/data/helpwantedonline.cfm.

About The Conference Board

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About Lightcast

As the global leader in labor market analytics, Lightcast illuminates the future of work with data-driven talent strategies. Formerly Emsi Burning Glass, Lightcast finds purpose in sharing the insights that build communities, educators, and companies, and takes pride in knowing our work helps others find fulfillment, too. Headquartered in Boston, Massachusetts, and Moscow, Idaho, Lightcast is active in more than 30 countries and has offices in the United Kingdom, Italy, New Zealand, and India. Lightcast is backed by global private equity leader KKR. https://lightcast.io/

Help Wanted OnLine® Publication Schedule

Data for the Month Release Date

August September 10, 2025

September October 8, 2025

October November 12, 2025

November December 10, 2025

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